

Sara Gael Beauregard, MA, LPC

Professional Summary

Psychedelic therapist, educator, and mentor. Over a decade of experience in the field of psychedelics. Investigator for clinical trials researching the efficacy of MDMA-Assisted Therapy for PTSD. MAPS Educator, helping to train the next generation of psychedelic therapists. Community use, peer support, and risk reduction specialist. Advocate for the mindful and responsible integration of psychedelic substances into mental health treatment and society.

Education & Certifications

Naropa University, Boulder Colorado

Master of Arts: Transpersonal Counseling Psychology

University of Hawai'i at Hilo

Bachelor of Arts: Environmental Studies and Geography

Multidisciplinary Association for Psychedelic Studies

Certificate: MDMA-Assisted Therapy for PTSD

Institute for Harm Reduction Psychotherapy: Level 1

Somatic Trauma Release Therapy (Containment & Autonomic Regulation)

Ancestral Healing Practitioner: Ancestral Medicine

Professional Experience

Co-Founder: Memoru Center for Visionary Healing Arts 501(c)(3)

Current

Clinic and training program bringing Psychedelic-Assisted Therapy & Education to underserved populations

Course Facilitator: Beckley Academy

Current

Facilitator for Foundations of Psychedelic-Assisted Therapy Course

Lead Instructor/Facilitator Integrative Psychiatry Institute: Psychedelic Therapy Training July 2022-present

Lead facilitator for Ketamine-assisted therapy & MDMA-Assisted Therapy Seminars

Lead trainer for ketamine-assisted therapy group experiential retreats

Lectures on the topics of personal & professional development for psychedelic therapists

Course Director Integrative Psychiatry Institute (IPI): Psychedelic Therapy Training Dec 2020-June 2022

Created and delivered course curriculum for a psychedelic-assisted therapy training

Coordinated guest faculty lecture curriculum

Developed learning objectives and competencies for training course

Educator and Curriculum Developer

MAPS Public Benefit Corporation

2020-present

Curriculum development for MAPS MDMA-Assisted Therapy, Supervision, & Investigator Initiated trials

Assistant Trainer: MAPS MDMA-Assisted Therapy Education

Curriculum Development for MAPS/IPI educational events

Investigator: MDMA-Assisted Therapy for PTSD Clinical Trials Aguazul-Bluewater Inc. Jan 2015-present

Supervisor: Marcela Ot'alora

Conducted MDMA-Assisted Therapy research sessions to over a dozen trial participants in Phase 2 and Phase 3 clinical trials

